Opening lyrics	Hold on	Let go	Title/artist
I know there's pain Why do you lock yourself up in these chains?	√		<i>Hold on</i> Wilson Phillips
Foggy mornings, weekday grind Take a minute to free your mind		√	<i>Let go</i> Natasha Bedingfield
I, I can't promise you that I won't let you down And I, I can't promise you that I will be the only one around	✓		Hold on to what you believe Mumford and Sons
I know it's past tense It's been a minute since we were a couple		√	<i>Let go</i> Ne-yo
I met you in the dark, you lit me up You made me feel as though I was enough		√	<i>Say you won't let go</i> James Arthur
We've been here many times before Leaving rooms and slamming doors	✓		<i>Hold on</i> Take That
Didn't they always say we were the lucky ones? I guess that we were once, babe, we were once	✓		<i>Hold on</i> Michael Bublé
Stop, take it in and I - breathe for a minute, I think too much when I'm alone	√		<i>Hold on</i> Shawn Mendes
What's it gonna be? 'Cause I can't pretend Don't you want to be more than friends?		√	<i>Don't let go</i> En Vogue
The snow glows white on the mountain tonight Not a footprint to be seen		√	<i>Let it go</i> Idina Menze/Elsa (Frozen)